



Medical Alert

Patient lacks parathyroid hormone
and is at risk of hypocalcemia

Calcium crisis can be life-threatening

I have HypoPARathyroidism, a rare endocrine disorder I may require emergency treatment.

- **Immediate calcium blood test**

Patient may be experiencing tetany, seizures, laryngospasm, cramping, nausea, tingling; check calcium (ionized and serum), albumin, kidney function, and EKG

- **If hypocalcemic, administer calcium gluconate I.V.**

- **Contact physician for more clinical information (see reverse)**

- **Frequent monitoring of calcium until stable**

For more information on clinical presentations and management guidelines, go to www.hypopara.org



Name: _____ DOB: _____

Physician: _____ Phone: _____

Emergency Contact: _____

Medical Conditions: _____

Medications: _____

Physician Recommendations: _____
